



Chilkoot High Adventure Base



Chilkoot High Adventure Base Equipment List

Summertime in Alaska brings long days and stunning scenery, but the weather can change quickly. Expect sun, rain, wind, and cold nights. Pack in layers, include waterproof gear, and be ready for anything so you can stay comfortable while enjoying the adventure.

*****NO COTTON CLOTHING ON TRIPS*****

Upper Body Layers			
Upper body layers are some of the most important components of a good layering system. They should be comfortable, lightweight, and breathable. Cotton is unacceptable, except as a T-shirt for basecamp, town and travel apparel.			
Equipment	Quantity	☒	Comments
Base Layers	2-3		A lightweight and breathable layer that is good at wicking moisture away from the body. Choose quick drying synthetic blends. A light-colored sun hoody is a good idea to reflect sun and stay cool on warm sunny days.
T-Shirt	1		Worn when in town / basecamp, ideal for warmer sunny days we may experience during the trip.
Mid Layer (Medium Weight)	1		To be worn over the base layers and should be synthetic or wool offering moderate insulation/warmth.
Heavy Weight Top/ Fleece jacket	1		To be worn over the base layers and medium weight top and should be synthetic or wool.
Waterproof Rain Jacket	1		A jacket made of waterproof / breathable material such as Gore-Tex is vital to keep you dry. Real rain gear is necessary! No paper style Frogg Toggs as they will fall apart.
Insulated Jacket/ Puffy	1		Synthetic warm jacket or puffy that can fit underneath a rain jacket.

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Lower Body Layers

Lower body layers should be versatile and easy to change into and out of under changing weather conditions.

Equipment	Quantity	☒	Comments
Base Layers	2		A lightweight and breathable layer that is good at wicking moisture away from the body. Long johns/leggings.
Underwear	5-10 pairs		Synthetic briefs and underwear will keep you comfortable and hygienic during high level activity.
Fleece Pants	1		Thick fleece long johns are a must for staying warm when wet or relaxing in camp on a cold day.
Lightweight Hiking Pants	2		Synthetic material that quickly dries for hiking and town days. These pair well with additional layering options.
Waterproof Rain Pants	1		Pants made of waterproof / breathable material such as Gore-Tex are vital for keeping you warm and dry. They need to fit over all layers, zippered side vents are a plus. No paper style Frogg Toggs.

Head, Neck, Hands & Feet

Keeping your extremities warm & dry is crucial. We lose a massive percentage of body heat through our heads. Our hands and feet are the most susceptible to inconveniences like frostbite and trench-foot. Developing a system that works for your specific needs takes time; this guide is a good place to start.

Equipment	Quantity	☒	Comments
Beanie / Winter Hat	1		A wool or synthetic hat that covers your ears for colder weather
Bug net	1		Head net for mosquitoes and black flies. MANDATORY
Sun-Hat / Ball Cap	1		The sun can be very bright (especially with reflection). The more protection your hat offers from the sun, the better.
Buff/bandana/neck gaiter	1		Multi-functional and lightweight. Can be worn as neckwear, cover up your face from sun, dust, and wind, or style it as a lightweight hat/bandana.
Sunglasses	2		Dark lenses with good side protection are a must. The sun can be very bright (especially with reflection off of the water/snow/ice) and can cause eye damage. We recommend bringing a 2 nd pair as backup in case the main pair is lost/broken. Click here for amazon link to multipacks.
Campsite Gloves	1		Warm synthetic gloves, such as fleece.
Waterproof Gloves for Mountaineering/ Kayaking	1		Rubber/Nitrile/Latex dipped waterproof gloves. Click here for amazon link.
Socks	4-5		These must be synthetic or wool. Having a mix of light and heavy weight socks is nice to adjust to variable weather. NO COTTON!

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Hiking Boots	1		A pair of sturdy water resistant backpacking boots with ankle support. Make sure boots are broken in before coming to Alaska to avoid blisters.
Shoes/Sneakers	1		A pair of lightweight sneakers or sandals for wearing during travel and at basecamp.

Technical Hardware & Sleeping Systems

Equipment	Quantity	☒	Comments
Backpack	1		Should have a capacity of at least 70-80L and should be comfortable with 60 lbs. of weight. Size appropriate to the individuals height.
Trekking poles	1		Lightweight and adjustable length work best.
Large Duffel	1		Useful when travelling to Alaska and also for keeping any personal items organized/together in storage at basecamp.
Sleeping bag	1		Synthetic fill is a must! Down fill does not work well in the wet climate of Southeast Alaska. We recommend a warmth rating of 15 - 20 degrees to cover all weather/conditions. Ideally have a stuff sack/compression sack.
Sleeping pads	1-2		A system of one compact inflatable pad and one closed cell foam pad works best to insulate, especially for mountaineering itineraries. Backpacking, kayaking, and other activities will be ok if using only 1 pad.

Miscellaneous

Equipment	Quantity	☒	Comments
Passport	1		We're located just 40 miles from Canada. Many itineraries involve travel into Canada! Passports required.
Eating Utensils	-		Bowl & Spoon (Lexan or titanium work well) as well as a 14 oz. mug with a lid for hot drinks.
Headlamp	1		Trips June 20 – July 20 will be ok without, but we recommend having a headlamp for early and late summer programs. Battery powered.
Toiletries/ Feminine Hygiene	1		Toothbrush, toothpaste, deodorant, floss, soap, personal medication, contacts with contact solution and back up glasses. Tampons, pads, sanitary bag (swag bag), wet wipes.
Lip Balm	1-2		Should have some type of SPF protection.
Sunscreen	8oz.		Should be SPF 30 or higher and be waterproof.
Water Bottles	2		Wide mouth 1-liter bottles ('Nalgene') work best. Bladder style systems are discouraged.
Stuff Sacks	2-4		For organizing your gear inside of your backpack. Consider using compression sacks for both your sleeping bag and clothes to maximize usage of space.

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Optional

Equipment	Quantity	☒	Comments
Camera	1	☐	To capture memories instead of using a phone.
Journal and pen	1	☐	To write about your adventure and take notes.
Small towel	1	☐	Synthetic or lightweight shower towel for basecamp.

Additional Information



We provide the following:

Tents, technical equipment, expedition first aid kits, group kitchen gear and trip food.

Please don't hesitate to call us with any questions (800) 766-3396.

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